



The Frances Blandford Nature Walk

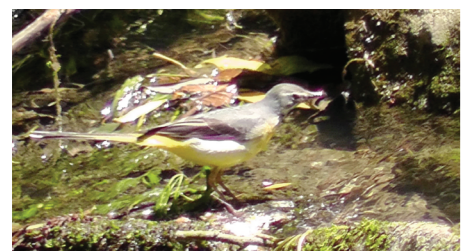
500 ft
100 m



Ridge Wood nature reserve
Ridge Wood is an important site in nature conservation terms because of the presence of a rich diversity of species, including goldcrests, treecreepers, roe deer and pipistrelle bats.



Jubilee Park
This picturesque and peaceful park, planted with memorial trees, provides shade and solitude alongside the river.



Grey wagtail
Grey wagtails feed on aquatic invertebrates, tadpoles and snails in and around the shallow waters of the Frome. They nest in hollows and crevices nearby lined with moss and twigs.



Frome Valley Walkway
Follow the river Frome which flows from the Cotswold hills to the centre of Bristol, providing a rich habitat for lots of wildlife including eels, white-clawed crayfish, water voles and otters.



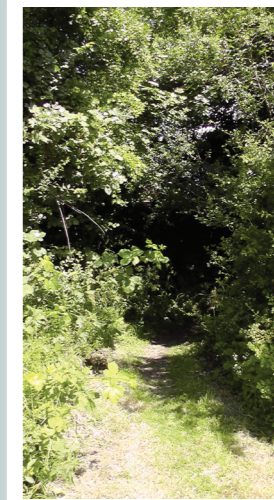
Cemetery
Cemeteries can be refuges for wildlife such as foxes, badgers, songbirds and small mammals. Look out for cowslips and primroses in the spring.



Wildlife sculptures
Discover carved creatures along the trail, designed in collaboration with the local council and the St John's Conservation group.



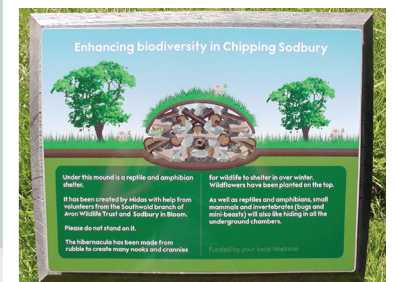
Community orchard & beehive
Orchards often contain a variety of habitats, including scrub, hedgerows and grasslands, which can support a wide range of plants and animals. This orchard was planted by Sodbury in Bloom. A local bee group manage the hives to help pollinate the fruit trees.



Old path and hedgerow
Hedgerows are a vital corridor for wildlife, providing food, shelter and nesting places. See how many different species of tree you can find. Hedgerows containing lots of different species provide an abundance of food for birds, mammals and invertebrates.



Information board and map
Find out more about the natural history of St John's Park on this beautiful board, with artwork by St John's Mead Primary School. Can you find out what the word Frome means?



Hibernacula
On this site a new habitat has been created as a refuge for reptiles and amphibians. Hidden from view by wildflowers in the summer, the rocks provide a valuable shelter for wildlife. Who do you think would like to live here?



Rivers and canals provide **bats** with safe, food-rich routes that link patches of woodland and meadows. Look out for foraging bats at dusk on warm summer evenings. The Soprano Pipistrelle looks just the same as the Common Pipistrelle but its «song» is at a higher pitch. It also has a greater preference for areas around rivers, along with the Daubenton's Bat which preys on midges and often roosts under old stone bridges.



Wildflower bank
In springtime the bank along the path is full of primroses. In summer, it's buzzing with bees and butterflies attracted to the wildflowers including oxeye daisy, red clover, bird's-foot trefoil and meadow cranesbill.



Elderflowers are common in both town and countryside, on waste ground, roadside hedges and riverbanks. The fragrant flowers can be used to make cordial and later in the year, berries can be added to fruit jams.



Avon
Wildlife Trust